

Items		配料	Mon	Tue	Wed	Thu	Fri
<b>中西式自选品种</b> A La Carte	Choose 1 of 3	<b>名称</b> Name	椰香咖喱牛肉饭 Beef Rendang with Rice	焖炉烧猪肉饭 Roast Pork With Rice, Men Lu Cooking Style	黑椒牛腩配烤土豆 Black Pepper Beef with Mashed Potatoes	烤猪肉配风味脆饼 Roast Pork with Crackers	法式香肠配蔬菜 French Sausage with Vegetables
		<b>配料</b> Ingredients	牛肉 胡萝卜 西兰花 Beef Carrot Broccoli	猪肉 洋葱 番薯 Pork Onion Sweet Potato	牛腩 胡萝卜 洋葱 土豆 Beef Belly Carrot Onion Potato	猪肉 薄饼 Pork Crackers	牛肉肠 鸡肉肠 蔬菜 土豆 面包 Beef Sausage Chicken Sausage Vegetables Potato Bread
		<b>名称</b> Name	台湾卤肉饭 (猪肉) Taiwan Style Stewed Pork Rice	古早味煎软鸡 Grilled Boneless Chicken with Special Sauce	日式豚肉定食 Japanese Style Black Pepper Pork With Rice	什菌烧加吉鱼 Braid Fish with Mushroom	小炒猪肉 Stir-Fried Pork with Soy Sauce
		<b>配料</b> Ingredients	五花肉 蘑菇 菜心 Pork Belly Mushroom Choy	鸡肉 青菜 Chicken Vegetable	猪肉 洋葱 鸡蛋 Pork Onion Egg	鱼 蔬菜 蘑菇 Fish Vegetable Mushroom	猪肉 芹菜 Pork Celery
		<b>名称</b> Name	肉丝炒面配煎蛋 Stir-Fried Noodle with Shredded Pork, Egg	番茄肉片汤面 Pork & Tomato Noodle Soup	肉丁茄子面 Pork and Diced Eggplant Noodle	番茄灌汤牛丸面 Braised Beef Ball with Tomato Noodle Soup	意大利肉酱面 Spaghetti Bolognese
		<b>配料</b> Ingredients	猪肉 鸡蛋 蔬菜 Pork Egg Vegetable	番茄 猪肉 面条 Tomato Pork Noodle	猪肉 茄子 Pork Eggplant	牛肉丸 番茄 豆泡 青菜 Beef Ball Tomato Bean curd puff Vegetable	牛肉 番茄 Beef Tomato



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		<b>配料 Ingredients</b>	鸡肉 西兰花 Chicken Broccoli	猪肉 番茄 洋葱 Pork Tomato Onion	羊肉 土豆 胡萝卜 Lamb Potato Carrot	猪肉 土豆 洋葱 Pork Potato Onion	鸡肉 蔬菜 Chicken Vegetable
		<b>名称 Name</b>	蚝皇炒牛肉 Stir-Fried Beef with Oyster Sauce	新疆风味烩羊 Xinjiang Style Stewed Mutton	广东扣肉 Buckle Pork	卤香鸡翅根 Braised Chicken Wings	东北烧肉 Braised Beef with Brown Sauce
		<b>配料 Ingredients</b>	蔬菜 牛肉 Vegetable Beef	羊肉 洋葱 番茄 香菜 Lamb Onion Tomato Coriander	五花肉 Pork Belly	鸡翅根 菜心 Chicken Wing Choy Sum	猪肉 蔬菜 Pork Vegetable
		<b>名称 Name</b>	番茄牛肉面 Beef Tomato Noodles	日式豚肉面 Japanese Style Pork Noodle Soup	黄焖鸡汤面 Braised Chicken Noodle Soup	意大利千层面 Italian Lasagna	西红柿海鲜河粉 Braised Seafood and Tomato Soup with Rice Noodle
		<b>配料 Ingredients</b>	番茄 牛肉 面条 Tomatoes Beef Noodle	猪肉 面条 青菜 Pork Noodle Vegetable	鸡肉 土豆 青菜 面条 Chicken Potato Vegetable Noodle	牛肉 番茄 千层面 Beef Tomatoes Lasagna	西红柿 海鲜 河粉 Tomato Seafood Rice Noodle



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	<b>配料</b> Ingredients		鱼排 青菜 Fish Vegetable	鸡肉肠 牛肉肠 土豆 蔬菜 Chicken Sausage Beef Sausage Potato Vegetable	猪肉 蔬菜 Pork Vegetable	鸡肉 鸡蛋 青菜 Chicken Egg Vegetable	牛肉 土豆 豆泡 Beef Potato Bean curd puff
	<b>名称</b> Name		鱼香肉丝配奶香馒头 Yu-Shiang Shredded Pork with Milk Steamed Buns	红烧鸡翅根 Braised Chicken Wings	红烧牛腩饭 Braised Beef with Potato and Rice	豉椒风味牛肉 Stir-Fried Beef with Super Soy Sauce	红烧狮子头 Meat Ball With Soy Sauce
	<b>配料</b> Ingredients		猪肉 冬笋 木耳 馒头 Pork Onion Fungus Steamed bun	鸡翅根 蔬菜 Chicken Wings Vegetable	土豆 牛腩 Potato Beef	牛肉 彩椒 洋葱 Beef Bell Pepper Onions	猪肉 蔬菜 Pork Vegetable
	<b>名称</b> Name		老北京炸酱面 Beijing Style Soybean Paste Noodle	清汤牛肉面 Beef Noodle Soup	卤肉刀削面 Marinated Pork Noodle	意大利肉酱面 Spaghetti Bolognese	猪肉水饺 Pork Dumpling
	<b>配料</b> Ingredients		猪肉 蔬菜 面条 Pork Vegetable Noodles	牛肉 萝卜 面条 Beef Radish Noodles	猪肉 蔬菜 面条 Pork Vegetable Noodles	牛肉 番茄 意面 Beef Tomato Pasta	水饺 蔬菜 Pork Vegetable



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中西式自选品种 A La Carte	Choose 1 of 3	名称 Name	黄焖鸡米饭 Braised Chicken and Rice	比萨风味烤肠 Caribbean Style Baked Sausage	西式烤猪肉 Western Style Roast Pork	什锦蔬菜 烤鸡肉拼盘 Braised Chicken with Mixed Vegetables	黑椒烩牛腩 Braised Beef in Black Pepper Sauce	
		配料 Ingredients	鸡肉 蔬菜 Chicken Vegetable	鸡肉肠 牛肉肠 土豆 Chicken Sausage Beef Sausage Potato	猪肉 蔬菜 Pork Vegetable	鸡肉 土豆 蔬菜 Chicken Potato Vegetable	牛腩 洋葱 土豆 胡萝卜 西兰花 Beef Onion Potato Carrot Broccoli	
		名称 Name	肥牛丼饭 Japanese Style Beef with Rice	豉椒风味猪肉 Stir-fried Pork with Super Soy Sauce	韩式烤肉饭 Korean Bibimbap	猪肉咖喱炒饭 Fried Rice with Curry Pork	粉蒸肉 Steamed Pork with Mashed Rice	
		配料 Ingredients	牛肉 洋葱 西兰花 Beef Onion Broccoli	猪肉 彩椒 洋葱 蘑菇 Pork Bell Pepper Onions Mushroom	牛肉片 蘑菇 洋葱 油菜 Beef Slice Mushroom Onion Bok Choy	猪肉 蘑菇 胡萝卜 鸡蛋 蔬菜 Pork Mushroom Carrot Egg Vegetable	猪肉 大米 蔬菜 Pork Rice Vegetable	
		名称 Name	鸡肉汤河粉 Stir-Fried Rice Noodles with Chicken	红烧牛肉面 Braised Beef Noodles	陕西卤肉腊汁面 Marinated Pork Noodle	意大利千层面 Italian Lasagna	越南珍菌鸡肉面 Mushroom Chicken Noodle Soup	
		配料 Ingredients	鸡肉 河粉 Chicken Rice Noodles	蔬菜 牛肉 面条 Vegetable Beef Noodle	猪肉 蔬菜 Pork Vegetable	牛肉 番茄 千层面 Beef Tomatoes Lasagna	鸡肉 蘑菇 面条 Chicken Mushroom Noodles	



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	<b>配料</b> Ingredients		鱼肉 西兰花 Fish Broccoli	鸡肉 土豆 胡萝卜 青豆 Chicken Potato Carrot Green Pea	猪肉 洋葱 胡萝卜 芹菜 鸡蛋 Pork Onion Carrot Celery Egg	牛腩 胡萝卜 洋葱 土豆 Beef Belly Carrot Onion Potato	鸡肉 土豆 蘑菇 Chicken Potato Mushroom
	<b>名称</b> Name		糖醋里脊 Sweet and Sour Pork	港式炒饭 Hong-Kong Style Fried Rice	炸鸡翅根配面包 Deep Fried Chicken Wings with Bread	酱爆鸡肉饭 Braised Chicken Rice	福建炒饭 Fujian-style Fried Rice
	<b>配料</b> Ingredients		猪肉 菠萝 青菜 Pork Pineapple Vegetable	猪肉 鸡蛋 黄瓜 Diced Pork Egg Cucumber	鸡翅根 面包 Chicken Wing Bread	鸡腿肉 黄瓜 西葫芦 Chicken Thigh Cucumber Zucchini	猪肉 虾仁 鸡肉 青菜 Pork Shrimp Chicken Vegetable
	<b>名称</b> Name		云吞汤面 (猪肉) Pork Wonton Noodle Soup	牛肉汤面 Beef Noodle Soup	新疆羊肉面 Xinjiang Mutton Noodles	酸汤肥牛面 Braised Beef in Tomato Soup	意大利螺旋面 Fusilli Bolognese
	<b>配料</b> Ingredients		猪肉 蔬菜 云吞 Pork Vegetable Wonton	牛肉 番茄 白萝卜 Beef Tomato White radish	羊肉 番茄 洋葱 青菜 Lamb Tomato Onion Vegetable	肥牛 青菜 面条 Beef Vegetable Noodle	螺旋面 西红柿 洋葱 牛肉沫 Fusilli Tomato Onion Minced Beef

